

Dear Parent / Guardian,

1. The Health Promotion Board (HPB) will be conducting the annual school health visit at your child's school on 22nd July 2024 to 2nd August 2024 and HPV vaccination was on 1st April 2024 to 2nd April 2024.
2. **Please access the [Consent Portal](#) to update your child's medical information and provide consent** to receive **age-appropriate immunisations** in school. No further action is needed if this has been previously submitted and there are no updates.
3. During this visit, age-appropriate health screenings and immunisations will be provided for your child.

Educational Levels	Services
Secondary 1	Spinal screening [#] HPV immunisation (only for female students)
Secondary 2	Spinal Screening [#] Hearing Screening Height and BMI measurements HPV immunisation (only for female students) Cardiovascular Disease Risk Factor Screening and Healthy Lifestyle Management Programme* (only for selected students)

[#] Students will be briefed and examined with their shirt removed in private for scoliosis. The doctor or nurse will check their back for abnormal curvature while standing upright and bending forward. If further assessment is required, they will be referred to the Student Health Centre.

**Cardiovascular Disease Risk Factor Screening involves blood pressure measurements and relevant screening blood tests to detect conditions such as abnormal blood pressure, blood cholesterol and/or blood sugar. The healthy lifestyle management programme refers to lifestyle coaching services to help students manage their weight. Your child will be required to fill up an online survey on their current habits and motivation levels. Please allow your child to bring their mobile phone to the screening.*

More information can be found in this weblink: [Student Immunisation and Screening services](#)

4. If you do not wish for your child to undergo HPB's health screening in school, please write to Contact_YPS@hpb.gov.sg

Thank you.

Director

Youth Preventive Health Services
Health Promotion Board